Forrest Bar and Café Fri 1st Oct '21

THIS WEEK'S MENU SELECTION

Bar opens noon and food orders taken from 5pm Friday & Sunday nights

Roast capsicum soup with bread \$14.50 Thai beef massaman curry on jasmine rice \$16.50 Gnocchi tossed in chilli basil pesto \$16.50 Chicken Cacciatore served on rice \$17.50 Parmigiana with chips OR spaghetti -Veal \$22, Chicken \$24 Snapper fillet & chips – either grilled or battered \$22 Chunky chicken and leek pot-pie with chips \$22 Veal Scaloppini with potato and vegetables \$27.50 Baked salmon cutlet in sweet chilli and lime sauce with potato and vegetables \$29.50 Scotch fillet, choice of sauce and sides \$30.50 Extras: Chips or Side salad \$5, Sweet potato wedges \$6.50

Kids' \$8 meals

Fish bites and chips Small serve of lasagne and chips Nuggets and chips Small spaghetti Bolognaise

Desserts \$8

Rich chocolate mousse Sticky date pudding and butterscotch sauce Traditional bread and butter pudding



YRCC sporting action....

Monday 27th September

Public holiday Social badminton evening

Tuesday 28th September

Social badminton, 9am GKR karate, evening in old rec

Wednesday 29th September

Winter season mixed social bowls, 1pm

Thursday 30th September

Ladies bowls, 9am

Friday 1st October

YRCC meals service from 5pm GKR karate, evening in old rec

Saturday 2nd October

AVBL men's pairs bowls in Meckering and Goomalling

Sunday 3rd October

AVBL men's pairs bowls continue YRCC meals service from 5pm