

# Forrest Bar and Café

## THIS WEEK'S MENU SELECTION

Bar opens noon and food orders taken from 5pm Friday & Sunday nights

Hearty pea and ham soup with bread \$14.50

Thai beef massaman curry on jasmine rice \$16.50

Spinach lasagne served with chips & salad \$16.50

Rustic steak burger with chips \$20.50

Sizzling chilli garlic prawns with bread \$22

Colcannon-topped beef & Guinness pie with chips \$22

Parmigiana with chips OR spaghetti-Veal \$22, Chicken \$24

Snapper fillet & chips – either grilled or battered \$22

Sticky pork rib rack on mash with greens \$27.50

Chicken Cordon Bleu with potato and veges \$27.50

Scotch fillet, choice of sauce and sides \$30.50

Extras: Chips or Side salad \$5, Sweet potato wedges \$6.50

### Kids' \$8 meals

Fish bites and chips

Small serve of lasagne and chips

Nuggets and chips

Small spaghetti Bolognaise

### Desserts \$8

Rich chocolate mousse

Sticky date pudding and butterscotch sauce

Espresso martini brûlée

Fri 23<sup>rd</sup> July '21



## YRCC sporting action.....

### Monday 19<sup>th</sup> July

School goes back – term 3

Social badminton evening

### Tuesday 20<sup>th</sup> July

Morning badminton 9am

GKR karate, evening in old rec

Special electors' meeting about YRCC at Town Hall 5pm

### Wednesday 21<sup>st</sup> July

Winter season mixed social bowls, 1pm

Senior footy training 6pm on

### Thursday 22<sup>nd</sup> July

Junior footy training 4pm on

### Friday 23<sup>rd</sup> July

YRCC meals service from 5pm

Senior footy training 6pm on

GKR karate, evening in old rec

Hockey: 6.15pm Scorchers v Beverley, 7.45pm York men v Towns

### Saturday 24<sup>th</sup> July

Hockey: In Northam: 9am Greybacks v Thundersticks, (Redbacks bye)

10am Wolves v Titans, 12.45pm Demons v Cunderdin

At home in York: 3pm Strikers play Jenna

Junior footy last home round v Barons, 9am on

### Sunday 25<sup>th</sup> July

Senior football bye

YRCC meals service from 5pm