

# Forrest Bar and Café

Fri 15<sup>th</sup> Jan '21



## THIS WEEK'S MENU SELECTION

Bar opens noon and food orders taken from 5pm Friday & Sunday nights

Prawn and pearl couscous salad \$19

Thai green chicken curry on jasmine rice \$16.50

Chinese five-spice chicken on rice \$17.50

Spaghetti Marinara \$22

Homemade beef pot pie with chips \$22

Parmigiana with chips OR spaghetti-Veal \$22, Chicken \$24

Snapper fillet & chips – either grilled or battered \$22

Chicken Florentine served with potato & veges \$27.50

Baked salmon cutlet in sweet chilli/lime sauce served with potato & vegetables \$29.50

Scotch fillet, choice of sauce and sides \$30.50

Extras: Chips or Side salad \$5, Sweet potato wedges \$6.50

### Kids' \$8 meals

Fish bites and chips

Small serve of lasagne and chips

Nuggets and chips

Small spaghetti Bolognaise

### Desserts \$8

Rich chocolate mousse

Sticky date pudding and butterscotch sauce

Homemade mulberry pie

## YRCC sporting action.....

### Monday 11<sup>th</sup> Jan

Seniors' mobility re-commences 9am

Social badminton 6.30pm

### Tuesday 12<sup>th</sup> Jan

GKR karate, evening in old rec

### Wednesday 13<sup>th</sup> Jan

Mixed social bowls, 1.30pm

### Thursday 14<sup>th</sup> Jan

Seniors' mobility 9am

Cricket training

### Friday 15<sup>th</sup> Jan

Meals service from 5.30pm on

GKR karate, evening in old rec

### Sunday 17<sup>th</sup> Dec

State singles bowls in Perth

YRCC meals service from 5pm

